



Winding Brook
Direct Primary Care, PLLC

55 Mill Street, Suite 101
Wolfeboro, NH. 03894
www.windingbrookdpc.com

LIFESTYLE MANAGEMENT SERIES: OBESITY

Winding Brook Direct Primary Care, PLLC is proud to offer their first interactive lecture series for lifestyle management. Join the staff on a journey to demystify obesity beyond the “eat less, exercise more” perception. Explore the biological, psychological and social complexities that make this one of the most challenging chronic diseases to manage.



SERIES INFORMATION



\$25 per session with 20 potential sessions available



Sessions held at Winding Brook office in Wolfeboro, NH



First session starts 2/7/24 from 6:00 pm-7:30 pm



Session groups limited to 10 participants.

WHY PARTICIPATE?

Facilitated by Dr. Rebecca Owen,
Board Certified Physician

Obesity series backed by a leading research institute in obesity medicine

Friendly, supportive and non-judgmental environment

Discounts offered to enrolled Winding Brook DPC patients

JOIN NOW

For More Information
Call 603-691-1285

